

ASH

RESTAURANT · BAR
INVERNESS

LUNCH MENU

SERVED EVERY DAY 11.30AM TO 4.30PM

www.ash-inverness.co.uk

these prices apply when ordering your main course
from the GREEN section below
Note that supplements apply to some dishes

ONE COURSE £9.95

TWO COURSE £10.95

(choose either a starter OR pudding with one main course)
add a third course for £5.95

these prices apply when ordering your main course
from the BLUE section below
Note that supplements apply to some dishes

ONE COURSE £11.95

TWO COURSE £12.95

(choose either a starter OR pudding with one main course)
add a third course for £5.95

these prices apply when ordering your main course
from the PURPLE section below
Note that supplements apply to some dishes

ONE COURSE £15.95

TWO COURSE £16.95

(choose either a starter OR pudding with one main course)
add a third course for £5.95

CHOOSE ANY ONE STARTER

CHEF'S SOUP OF THE DAY V

served with crusty bread & butter

SEAFOOD TOMATO SOUP

blended mussels, salmon, & prawns bound in a thick tomato passata

CLASSIC PRAWN COCKTAIL (£1.95 Supplement)

north atlantic prawns in creamy marie-rose dressing on a bed of salad

LEMON RISOTTO V

with an onion and shallot coulis

CRISPY POTATO SKINS & CREAM CHEESE GF VO

served with chimichurri salsa & garlic mayonnaise

CHICKEN LIVER PATÉ (£1.50 Supplement)

tasty and smooth paté served with garlic ciabatta

HAGGIS, NEEPS & TATTIES

traditional combination with a whisky onion sauce

SEASONAL GREEN LEAF SALAD VE

trio of leaves with garden vegetables in vinaigrette dressing

ITALIAN GARLIC BREAD V

toasted rustic bread with napoli sauce & melted mozzarella

SWEET CHILLI CHICKEN SKEWERS (£1.95 Supplement) GF

coated in hot chilli sauce with a hot garlic chutney

WOOD PIGEON & BLACK PUDDING (£2.95 Supplement)

pan seared wood pigeon on black pudding with caramelised onion & balsamic rocket leaves

CAJUN BREADED MUSHROOMS VO

with garlic mayonnaise and spicy salsa

FRESH HONEYDEW MELON GF VE

with fresh strawberry, orange segments & raspberry coulis

BREADED BRIE & CHUTNEY V

chutney made with red currants & sweet mangoes

TEMPURA OF TIGER PRAWN (£1.95 Supplement)

5 tiger prawns accompanied by a thai soy & ginger relish

CHOOSE ANY ONE PUDDING

ICED RASPBERRY & DRAMBUIE PARFAIT VE

pooled in a fresh raspberry coulis

BAILEYS RICH DARK CHOCOLATE V

in a smooth dark chocolate terrine with a lush bronzed baileys sauce & chocolate ice cream

HOT BANANA FRITTER SURPRISE (£1 Supplement) V

with coconut ice cream, coconut flakes & lashings of butterscotch sauce

BABA AU RHUM CAKE V

infused in a dark rum syrup served warm with vanilla ice cream

FRESH FRUIT WITH HOME-WHIPPED CREAM VO

finished with a raspberry coulis

CRÈME BRULÉE V

served chilled with a caramelised top and our own shortbread

FAMOUS STICKY TOFFEE PUDDING (£1 Supplement) V

with lashings of hot treacle sauce & vanilla ice cream

ICE CREAM & BANANA EXPLOSION V

trio of ice cream with pistachios & belgian chocolates in a brandy snap basket

EXOTIC MALIBU PINEAPPLE V

coconut ice cream, coconut flakes with malibu on roasted pineapple

MAIN COURSES

BEEF STEAK PIE (£1.50 Supplement)

cooked in a rich gravy topped with puff pastry lid, served with chips & peas

HAGGIS, NEEPS & TATTIES

traditional combination with a whisky onion sauce

CHICKEN & MUSHROOM PIE

in a creamy white wine sauce topped with a puff pastry lid, served with chips & peas

THAI GREEN CURRY GF

chicken or vegetable, served with a timbale of rice

ASPARAGUS & VEGETABLE PIE V

in a creamy tomato sauce, topped with a puff pastry lid and served with chunky chips & peas

GREEN PEA & MUSHROOM RISOTTO V

in thyme infused cream sauce with parmesan cheese

SALADS

with garlic ciabatta

FLAKED SALMON

rocket & potatoes

CHICKEN CAESAR

classic caesar dressing & parmesan

CRISPY CHICKEN

goujons, trio leaf salad, coleslaw

VEGETABLE TEMPURA VE

farmer's mixed salad & celery

NORTH SEA HADDOCK & CHIPS (£1.50 Supplement)

in guinness batter, with chunky chips, peas & charred lemon

BETROOT & VEGETABLE BURGER V

with mayo, lettuce, rocket, tomato, red onion & relish on the side
add cheese £1

SPIRAL SAUSAGE & BUTTER MASH

with sautéed onions, rosemary wine jus & crispy onion rings

GLENMORANGIE CHICKEN GF

in a malt whisky cream & onion sauce served with rice & vegetables

TENDER BEEF CURRY GF

CHICKEN TIKKA MASSALA OR VEGETABLE CURRY ALSO AVAILABLE
cooked in a traditional rich indian gravy served with a timbale of rice,
fruit chutney & crispy popadum

GOAT'S CHEESE & BRIE SIZZLER V

grilled goat's cheese & breaded brie with apple and roasted vegetables
with steamed rice & hot, sweet onion chutney

PASTA

penne with garlic bread

PESTO CHICKEN

chicken fillet & cream sauce

SEAFOOD

seafood & tomato sauce

BLUE CHEESE V

with broccoli in cream sauce

CARBONARA

bacon & mushroom cream sauce

LAMB SHANK (£2 Supplement)

in a rich rosemary jus on herbed mash with vegetables

SEAFOOD RISOTTO

tiger prawns with blended mussels, salmon, squid & prawns in a green pea
risotto with toasted garlic bread

CHICKEN BALMORAL

chicken breast stuffed with haggis, in a creamy whisky onion sauce, served
with herb butter mash & vegetables

BACON 'KILTED' HADDOCK GF

in french mustard & wine, baked gently, wrapped in smoked bacon
with butter mash & vegetables

PAN SEARED SEABASS & SAMPHIRE

with chorizo, cherry tomato & red onion on samphire butter mash

SCOTTISH SALMON FILLET GF

on a bed of asparagus & mash with chive butter sauce & vegetables

STEAKS

with chips, onion rings, mushrooms, tomato & garnish

GRILLED MINUTE

CHARRED RIBEYE

£3 supplement

GRILLED GAMMON

pineapple & fried egg

TEX MEX CAJUN RIBEYE

£3 supplement

V VEGETARIAN (SOME DISHES INCLUDE EGGS AND DAIRY) VE VEGAN VO VEGAN OPTION AVAILABLE GF GLUTEN FREE

Lunch & Early Dinner Menu served every day between 11.30am and 6.00pm. No discount or reduction on price applies to the Lunch & Early Dinner Menu, this includes hotel residents 20% discount voucher or any other package voucher

We want you to enjoy ASH every time. if you have any comments please speak to the manager or write to :The Royal Highland Hotel,Academy Street, Inverness, IV1 1LG Or Email info@royalhighlandhotel.co.uk

SANDWICHES

CHIPS · COLESLAW · SALAD

FRESHLY MADE

served cold on thick soft white or wholemeal bread with mayo spread, chips, coleslaw & green leaf salad

- SMOKED CHEESE & PICKLE £7.75 V
- CHEESE & TOMATO £7.95 V
- PRAWN MARIE ROSE £8.75
- SLICED HAM & SCOTTISH CHEDDAR £7.95
- BRIE, HAM & SWEET CHUTNEY £8.25
- TUNA RED ONION MAYO £7.75
- CORONATION CHICKEN £7.95
- SMOKED SALMON & CREAM CHEESE £8.50
- CHARRED VEGETABLES & HOUMOUS £8.25 V



BEEF STEAK CHEESE MELT £12.50

tender beef steak cubes with bell peppers wrapped in a wheat flour tortilla topped with a plum tomato ragu & red cheddar cheese then oven baked served with chips, coleslaw, salad, pickled gherkins & onion rings



GRILLED PANINIS

mayo spread, chips, coleslaw & green leaf salad

- CHEDDAR & NEAPOLITAN SAUCE £7.75 V
served with chips, coleslaw & green leaf salad
- SWEET CHILLI CHICKEN TIKKA £9.95
served with chips, coleslaw & green leaf salad
- CHICKEN FILLET, BACON, LETTUCE & TOMATO £9.95
served with chips, coleslaw & green leaf salad
- HAM, MOZZARELLA & PINEAPPLE £9.95
served with chips, coleslaw & green leaf salad
- MINUTE STEAK, FRIED EGG & MOZZARELLA £11.95
served with chips, coleslaw & green leaf salad
- CHICKEN, BACON & CREAM MUSHROOM £9.95
served with chips, coleslaw & green leaf salad
- GRILLED VEGETABLES & CHEDDAR £9.25 V
served with chips, coleslaw & green leaf salad
- CHORIZO, MOZZARELLA & RED ONION £9.75
served with chips, coleslaw & green leaf salad

TOASTED

served toasted on thick soft white or wholemeal bread with mayo spread, chips, coleslaw & green leaf salad

- PICNIC CHEDDAR £7.75 V
- MATURE CHEDDAR & RED ONION £8.25 V
- SERRANO HAM & CHEDDAR CHEESE £8.95
- BRIE, TIGER PRAWN & HOT SWEET JAM £9.75
- MOZZARELLA, PESTO & TOMATO £8.95 V
- HALLOUMI, GRILLED PEPPERS & ROCKET £9.50 V
- SMOKED SALMON & FRENCH BRIE £8.95
- GOATS CHEESE, ROCKET & SWEET ONION MARMALADE £8.95 V



ANY STARTER OR PUDDING £5.95*

*YOU MAY ORDER ANY STARTER OR PUDDING FROM THE LEFT HAND PAGE AT £5.95

NOTE THAT SUPPLEMENTS APPLY TO SOME DISHES



HOMEMADE BURGERS

MAYO SPREAD ON A TOASTED BRIOCHE BUN WITH CHIPS · ONION RINGS · COLESLAW · GREEN LEAF SALAD

- CHEESEBURGER £12.50
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- BACON & BLUE CHEESE BURGER £12.75
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- GRILLED CHICKEN & BACON BURGER £12.75
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- SCOTCH BEEF BURGER £12.25
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- SWEET CHILLI & SAUTÉED ONION BURGER £12.75
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- GOAT'S CHEESE & BEETROOT BURGER £12.75 V
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- BEETROOT & VEGETABLE BURGER £11.95 V
with mayo, lettuce, rocket, tomato, red onion & relish on the side add cheese £1
- SMOKED CHEESE, BBQ SAUCE & PEPPER BURGER £12.75
with mayo, lettuce, rocket, tomato, red onion & relish on the side
- BRIE & MUSHROOM BEEF BURGER £12.95
with mayo, lettuce, rocket, tomato, red onion & relish on the side

TOASTED WRAPS

PREPARED WITH SWEET CHILLI GARLIC MAYO SPREAD

- CHARGRILLED CHICKEN £8.95
served with chips, coleslaw & mixed salad
- HALLOUMI, VEGETABLES & HOUMOUS £8.95 V
served with chips, coleslaw & mixed salad
- CHARGRILLED BEEF STEAK £9.95
served with chips, coleslaw & mixed salad
- SWEET CHILLI TIGER PRAWNS £9.95
served with chips, coleslaw & mixed salad
- CHICKEN TIKKA £8.95
served with chips, coleslaw & mixed salad



Cheese & WINE OR PROSECCO

GRAND CHEESE PLATTER FOR TWO

Including a full selection of

CHEDDAR, STILTON, CABOC BRIE, GOUDA & SMOKED CHEESES

Served with Celery, Grapes, Apples, Olives, Houmous, Mixed Crackers, Scottish Oat Cakes and a Sweet Mango & Fruit Dip

WINE OR PROSECCO FOR TWO

A choice of either

ONE 200ML BOTTLE OF PROSECCO PER PERSON OR ONE LARGE GLASS OF WINE PER PERSON*

Choose your Wine from a selection of over 20 Wines served only by the glass excluding Champagnes, Sparkling Wines & Cellar Wines



All for £22.00
For Two People

*Large glass of Wine 250ml

